



This project doesn't need an intro. Heart-shaped donuts. Boom. I provide 2 different versions of the pattern and some suggestions on a few yummy variations. You'll have the cutest crochet pastry case ever!

xoxo,

**TWINKIE
CHAN!**

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What You'll Need

- worsted weight yarn in Gold, such as Red Heart Super Saver in Gold – approx. 20 yards
- worsted weight yarn in Frosting, such as Red Heart Super Saver in Perfect Pink – approx. 10 yards
- optional: worsted weight yarn in Cream, such as Red Heart Super Saver in Aran – approx. 1 yard
- H8/5.00mm hook
- scissors
- tapestry needle
- stitch markers or small piece of scrap yarn
- small amount of polyester stuffing
- optional: straight pins
- optional: small amount of various colored yarn, embroidery thread, beads or pompoms to create sprinkles, plus appropriate thread or glue

Gauge

Gauge is not super important since your donut doesn't have to be the exact same size as mine, but here is the gauge I worked in:

Red Heart Super Saver and H hook
17 sc x 19 rows = 4 in. x 4 in.

Finished size

Approx. 4 in. wide x 3 ¾ in. tall

Abbreviations in U.S. Terms

BLO – back loop only
 ch (s) – chain(s)
 FLO – front loop only
 hdc – half double crochet
 invdec – invisible decrease
 invdec-3 – invisible decrease over 3 sts
 rnd(s) – round(s)
 RS – right side
 sc – single crochet
 sk – skip
 sl st – slip stitch
 st(s) – stitch(es)
 WS – wrong side
 YO – yarn over
 () – work everything inside the parenthesis in the next stitch
 [] – repeat everything inside the bracket as many times indicated

Special Stitches

invdec (invisible decrease) – Insert hook into FLO of desired st, then insert hook into FLO of next st, YO and pull through 2 loops, YO and pull through remaining 2 loops.

invdec-3 (invisible decrease over 3 stitches) – This is worked like a regular invisible sc decrease, except you're decreasing over 3 stitches from the previous round rather than just 2. Insert hook into FLO of desired stitch, sk next st, insert hook into FLO of following st, YO and pull through 2 loops, YO and pull through remaining 2 loops.

Notes

- In most donut patterns that I've seen – and that I've written – you sew the donut together around the inside edge of the donut. While this method hides the sewing seam, I have always found stuffing and

sewing a small donut a bit cumbersome, so I reversed the pattern here. You'll begin and end at the outer edge of the donut, and you'll sew together the outside seam while you stuff. Don't freak out if the first few rnds seem weird. Just imagine that you're beginning at the outside of a heart and crocheting your way toward the inside. And later, back outward.

- I'm offering two slightly different versions of the donut pattern – one worked “in a spiral” and the other “in joined rnds.” When you work in the round, you have the option of working in a spiral, which means you don't join the last stitch of the round to the first stitch. You continuously crochet around and around. This is the typical method for amigurumi. However, I find that striping colors can look a bit jagged when working in a spiral, because the beginning and end of a rnd never actually meet, so there's a slight stair-case step. I prefer to finish these donuts with a second, cream-colored yarn, to create the illusion of that slightly un-fried outer band of the donut. Working in a spiral makes this band look kinda wonky, which was driving me bananas.



So I altered the pattern a bit to be worked in joined rnds. This does make the pattern a bit more fussy as far as RS and WS, but at least that center cream-colored band is nice

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and straight, and overall you can't really tell the difference visually. You also may not want to sew your donut with a different color since it's more work, in which case, I recommend the original “in a spiral” version. The frosting pattern for either donut is the same.

- When working in a spiral, the RS of your work should show on the outside of the donut.
- When working in joined rnds, I'll let you know which side is the RS.



Donut – in a spiral

- With Gold and H hook, ch 46. Making sure there are no twists in the chs, sl st to 1st ch to form ring.

Rnd 1: Sc evenly around. Don't join rnds. Use a stitch marker after each rnd. – 46 sts

- To create the heart shape, your increases and decreases in each rnd must occur on the same areas on the heart. Due to the rnds beginning with a decrease, and in order to keep everything in the right place, you'll work one less stitch at the end of Rnds 2 & 3, which won't affect the overall stitch count. Move the stitch marker accordingly.

Rnd 2: Invdec-3, 9 sc, [invdec, 2 sc] 3 times, (3 sc), [2 sc, invdec] 3 times, 8 sc. –

39 sts worked, 40 sts total stitch count
(Photo 1)



Rnd 3: Invdec-3, 9 sc, [invdec, sc] 3 times, (3 sc), [sc, invdec] 3 times, 8 sc – 33 sts worked, 34 sts total stitch count

Rnd 4: Invdec-3, 6 sc, [invdec, sc] 3 times, (3 sc), [sc, invdec] 3 times, 6 sc – 28 sts
(Photo 2)



Rnds 5-6: Sc evenly around. – 28 sts

- Work 1 more sc evenly to get your hook to the right place, which again, doesn't affect your overall stitch count. Move stitch marker accordingly.

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- Due to the next rnds beginning with an increase, you'll add a stitch to the end of Rnds 7-9, which won't affect the overall stitch count. Move stitch marker accordingly.

Rnd 7: (3 sc), 6 sc, [(2 sc), sc] 3 times, invdec-3, [sc, (2 sc)] 3 times, 7 sc. – 35 sts worked, 34 sts total stitch count

Rnd 8: (3 sc), 9 sc, [(2 sc), sc] 3 times, invdec-3, [sc, (2 sc)] 3 times, 10 sc. – 41 sts worked, 40 sts overall stitch count

Rnd 9: (3 sc), 9 sc, [(2 sc), 2 sc] 3 times, invdec-3, [2 sc, (2 sc)] 3 times, 10 sc. – 47 sts worked, 46 sts overall stitch count

Rnd 10: Sc evenly around. – 46 sts

- Sl st to next st to join. Your hook should be at the pointy tip of the heart.
- Before breaking off Gold, decide whether you want to sew Donut together with Gold or with a lighter Cream color. If using Gold, then break off Gold leaving a 24-inch yarn tail for sewing later and weave in other end. If using Cream, break off Gold and weave in both ends. (Photo 4a) To see the heart shape correctly, you may need to pop the tip of the heart downward.

Frosting

- Pull out a 24-inch yarn tail of Frosting, then ch 28.

Rnd 1: Sc evenly around. Do not join rnds. Use a stitch marker. – 28 sts

Rnds 2-3: Repeat Rnds 7 & 8 of Donut. – 40 sts

- Sl st to next st to join.

Rnd 4: [sl st, sc, (3 hdc), sc, sl st] 8 times. – 56 sts

- Break off leaving an arm-length of yarn for sewing. (Photo 3)



Photo 3

Alternate Donut – in joined rnds

- With Gold and H hook, ch 46. Making sure there are no twists in the chs, sl st to 1st ch to form ring.

Rnd 1: Ch 1 (does not count at 1st st here or throughout pattern), sc evenly around. Sl st to 1st sc to join. – 46 sts

- When working on **even** rnds, which are the **RS**, work all invdec and invdec-3 in **FLO** as per usual.

- When working on **odd** rnds, which are the **WS**, work all invdec and invdec-3 in **BLO**.

- Working any invisible decrease leaves one side of your work with the “invisible” stitch, while the other side has visible, unworked loops, so you want to keep all the unworked loops hidden on one side of the complete Donut, which is the inside or WS.

Rnd 2: Ch 1, turn. (RS) 2 sc, invdec-3, 9 sc, [invdec, 2 sc] 3 times, (3 sc), [2 sc, invdec] 3 times, 7 sc. Sl st to 1st st to join. – 40 sts

Rnd 3: Ch 1, turn. (WS) 8 sc, [invdec, sc] 3 times, (3 sc), [sc, invdec] 3 times, 9 sc, invdec-3, sc. Sl st to 1st st to join. - 34 sts

Rnd 4: Ch 1, turn. (RS) Invdec-3, 6 sc, [invdec, sc] 3 times, (3 sc), [sc, invdec] 3 times, 6 sc. Sl st to 1st st to join. – 28 sts

Rnds 5-6: Ch 1, turn. Sc evenly around. Sl st to 1st st to join. – 28 sts

Rnd 7: Ch 1, turn. (WS) 6 sc, [(2 sc), 1 sc] 3 times, invdec-3, [sc, (2 sc)] 3 times, 6 sc, (3 sc). Sl st to 1st st to join. – 34 sts

Rnd 8: Ch 1, turn. (RS) Sc, (3 sc), 9 sc, [(2 sc), sc] 3 times, invdec-3, [sc, (2 sc)] 3 times, 8 sc. Sl st to 1st st to join. – 40 sts

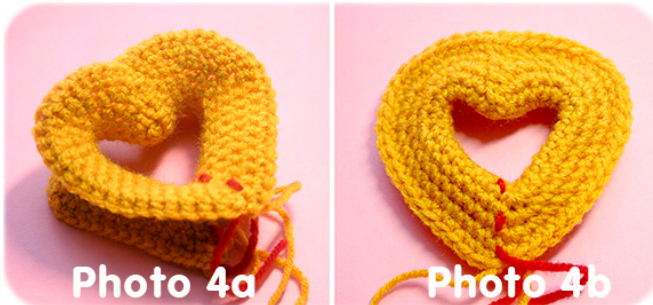
Rnd 9: Ch 1, turn. (WS) 7 sc, [(2 sc), 2 sc] 3 times, invdec-3, [2 sc, (2 sc)] 3 times, 9 sc, (3 sc), 2 sc. Sl st to 1st st to join. – 46 sts

Rnd 10: Ch 2, turn. (RS) Sc evenly around. Sl st to 1st st to join. – 46 sts

- Before breaking off Gold, decide whether you want to sew Donut together with Gold or with a lighter Cream color. If using Gold, then break off Gold leaving a 24-inch yarn tail for sewing later and weave in other end. If using Cream, break off Gold and weave in both ends.

Assembly

1. To complete Donut, you're going to whipstitch Rnd 10 to the bottom of Rnd 1. Since ultimately you want the RS of your work to show on the outside of Donut, I usually flip the whole Donut inside out first, and then when I press Rnds 1 and 10 together to see the heart shape, the RS will now be on the outside of the heart. (Photo 4b)



No matter what, The RS of Rnd 10 should show on the outside of the Donut when you press together Rnds 1 and 10. Match the pointy tip of both layers to get the heart-shape aligned correctly and start whipstitching the layers together. If using Gold, just use single whipstitches or whatever stitch you prefer for invisible stitching. If using Cream, use double-whipstitches, since I think double-whipstitches look more like an sc stitch and will make a nicer outer border (Photo 5).



After about 7-8 sts, stuff the sewn segment (Photo 6).



Keep whipstitching and stuffing as you go. When you're almost finished sewing, make sure to really stuff the last part. I find that when the opening gets smaller, I have a tendency to under-stuff. Just make sure everything looks even and consistent. Tie off and weave in ends.



2. Pin Frosting to top of Donut and use yarn tails to sew on both inner and outer edges of Frosting. I prefer the look of whipstitches for the inner edge, but for the

outer edge, it's up to you. Whipstitch will make Frosting seem a bit flatter on the edge and more smushed against the Donut, while a straight stitch will make the edge of the Frosting pop out a bit more.

3. Decorate with sprinkles!

Options

1. For Frosting with a straight edge rather than a wavy one, work Rnds 1-3 of Frosting, then repeat Rnd 9 of Donut and sl st to next st to join.

2. Make just the Donut in Frosting color and skip the Gold color altogether for the look of a donut dipped entirely in glaze.

